



# Nutra-Betic™

## ADULT CHEWABLE HIGH POTENCY

# Multi-Vitamin

### VITAMIN, MINERAL & MULTI-NUTRIENT FORMULA

- Vitamins & Minerals
- Energizing Herbs†
- Probiotics
- Fruit & Vegetable Concentrates

**SUGAR FREE**

**60 CHEWABLE WAFERS**  
DIETARY SUPPLEMENT

**DIRECTIONS:** Take 1 wafer daily, preferably after a meal, as a dietary supplement or as directed by a healthcare professional.

310K3540602

### Supplement Facts

|                                                                | Amount Per Serving               | % Daily Value |
|----------------------------------------------------------------|----------------------------------|---------------|
| <b>Serving Size 1 Wafer</b>                                    |                                  |               |
| <b>Calories</b>                                                | 5                                |               |
| Total Carbohydrate                                             | 1 g                              | <1%           |
| Vitamin A (as retinyl palmitate and 25% as beta carotene)      | 3,000 mcg                        | 332%          |
| Vitamin C (as calcium ascorbate with rose hips)                | 150 mg                           | 167%          |
| Vitamin D (as cholecalciferol)                                 | 10mcg (400 IU)                   | 50%           |
| Vitamin E (as dl-alpha-tocopheryl acetate)                     | 13 mg                            | 87%           |
| Thiamin (as thiamin mononitrate)                               | 1.5 mg                           | 125%          |
| Riboflavin                                                     | 1.7 mg                           | 131%          |
| Niacin (as niacinamide)                                        | 20 mg                            | 125%          |
| Vitamin B6 (as pyridoxine hydrochloride)                       | 2 mg                             | 118%          |
| Folate                                                         | 665 mcg DFE (400 mcg folic acid) | 168%          |
| Vitamin B12 (as cyanocobalamin)                                | 9 mcg                            | 375%          |
| Pantothenic acid (as D-calcium pantothenate)                   | 10 mg                            | 200%          |
| Calcium (as calcium carbonate & calcium ascorbate)             | 120 mg                           | 9%            |
| Iodine (as potassium iodide) and from kelp (Aucopyrum nodosum) | 150mcg                           | 100%          |
| Magnesium (as magnesium oxide)                                 | 50 mg                            | 12%           |
| Zinc (as zinc citrate)                                         | 15 mg                            | 136%          |
| Copper (as copper citrate)                                     | 1.4 mg                           | 156%          |
| Manganese (as manganese gluconate)                             | 1.3 mg                           | 46%           |

### Super Juice Fruit and Vegetable Blend:

Phenolic Concentrate:  
Apple, Blueberry, Raspberry, Strawberry, Watermelon, Cherry, Pear, Grape, Elderberry extract, Bilberry leaf, Grape seed extract, Turmeric root

### Fruit Enzyme Concentrate:

Bromelain and Bromelain  
Papaya and Papain

### Citrus Bioflavonoid Concentrate:

Orange, Grapefruit, Lemon, Lime, Citrus Mistletoe, Rutin  
Lutein Concentrate:  
Rum, Alfalfa, Asparagus extract, Green barley grass, Marigold, Beet, Celery, Spinach, Urtica

### Vanilloid Concentrate:

Cardamom, Peppercorn, Cardamom, Red bell pepper

### Cruciferous Blend:

Broccoli, Brussels sprouts, Mustard seed, Kale, Cauliflower, Parsnips, Onion

### Garlic Bulb

### Probiotic Blend with Inulin:

Blue agave inulin, Lactobacillus acidophilus, Lactobacillus plantarum, Bifidobacterium bifidum, Lactobacillus casei

### Energy Blend:

Ginseng seed extract, Korean ginseng root extract, astragalus root extract, flit root extract, licorice root extract, jujube fruit

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily value not established.

Other Ingredients: Saccharin, natural flavors, citric acid, malic acid, magnesium stearate, silica, croscarmellose, and carmine color.

Contains Milk.



Item# N3980

FOR MORE INFORMATION VISIT  
[www.windmillvitamins.com](http://www.windmillvitamins.com)

Distributed by:  
Windmill Health Products®  
10 Henderson Drive,  
West Caldwell, NJ 07006