

JOIN THE KETOGENIC LIFESTYLE!

KetoScience® Keto Meal Shake is a scientifically formulated meal shake designed to support **Ketogenic**, **Paleo**, and **Intermittent Fasting** programs. Formulated with **20g** of healthy fats from MCT to help promote energy and satisfy your appetite.

Providing 8g of complete protein and 25 essential vitamins and minerals KetoScience® Keto Meal Shake provides balanced nutrition to help you support your ketogenic program. Mixed with water, blended with ice or added into a thick pudding, Keto Meal Shake is a satisfying and delicious meal or exceptional treat to keep you on your weight management program.*

KETO SCIENCE®
SUPPORTS A KETOGENIC LIFESTYLE

KETO MEALSHAKE

20G
FAT

8G
PROTEIN

224
CALORIES

ENERGY BOOSTING MCTs*
SUPPORTS WEIGHT LOSS*

14 SERVINGS / NET WT 20.7 OZ (587G)

VANILLA CREAM

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Nutrition Facts

14 Servings Per Container

Serving Size

2 Scoops (41.95g)

Amount Per Serving

Calories

224

%Daily Value†

Total Fat 20g	22%
Saturated Fat 18g	80%
Trans Fat 0g	**
Cholesterol 40mg	13%
Sodium 150mg	7%
Total Carbohydrate 3g	2%
Dietary Fiber 1g	4%
Total Sugars 1g	**
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin A 533IU (as Palmitate and Naturally Occurring)	33%
Vitamin C (as Sodium Ascorbate) 6mg	7%
Calcium 506mg (as Tricalcium Phosphate and Naturally Occurring)	39%
Iron 2.5mcg (as Ferric Pyrophosphate and Naturally Occurring)	13%
Vitamin D3 (as Cholecalciferol) 40IU	<1%
Vitamin E (as Tocopheryl Acetate) 3IU	15%
Vitamin K 6mcg	5%

Amount Per Serving	%Daily Value†
Vitamin B1(as Thiamin) 157mcg	13%
Vitamin B2 (as Riboflavin) 189mg	15%
Niacin (as Niacinamide) 2mg	13%
Vitamin B6 (as Pyridoxine HCl) 201mg	12%
Folic Acid 40 mcg	10%
Vitamin B12 (as Cyanocobalamin) 0.6mcg	25%
Biotin 30mcg	100%
Pantothenic Acid 1mg (as Calcium d-Pantothenate)	20%
Phosphorus 395mg (as sodium Phosphate, Tribasic, Tricalcium Phosphate, Magnesium Phosphate, and Naturally Occurring)	32%
Iodine (as Potassium Iodide) 18mcg	12%
Magnesium 65mg (as Magnesium Phosphate and Naturally Occurring)	15%
Zinc (as Zinc Sulfate) 1.5mg	14%
Selenium (as Sodium Selenite) 7mcg	13%
Copper (as Copper Sulfate) 250mcg	28%
Manganese (as Manganese Sulfate) 402mcg	17%
Chromium (as Chromium Chloride) 12mcg	34%
Molybdenum (as Sodium Molybdate) 7.5mcg	17%
Potassium 195mg	4%

† The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

** Daily value not established.

Ingredients: KetoGenic blend (Coconut oil, mct oil, avocado oil, grass fed butter), KetoProtein blend (whey protein concentrate, hydrolyzed collagen, egg white), natural flavors, Vitamin / Mineral blend, xanthan gum, Himalayan Pink Salt, Acacia Fiber, Silicon Dioxide, Stevia, Flaxseed Powder and Monk Fruit.

Contains milk and egg and tree nuts (coconut).

Sold by weight, not by volume. Settling may occur.

DIRECTIONS: Add two scoops into 8-10 fl. oz. of water or your favorite beverage. Stir or use shaker cup for best results.

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not purchase if seal is broken.

Made in the U.S.A.
from Globally
Sourced Ingredients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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