



Supplement Facts

Serving Size 2 Tablets

Servings Per Container 25

Amount Per Serving	%Daily Value
S-adenosylmethionine (SAM-e)	400 mg **

** Daily Value not established.

A compound naturally found in most of the body's cells. SAM-e is distributed throughout the human body and plays significant roles in many biochemical processes that support mood and emotional well-being and joint comfort.* SAM-e is not easily available from typical dietary sources; the body produces its own. As the body ages, the amount of SAM-e produced may decline so supplementation is important.* It is important to sustain proper levels of SAM-e in the body. Supplements may provide the following benefits:

- Support a positive mood*
- Maintains joint cartilage health which may be affected by physical activity & age*