## CLEAN ACTIVE NUTRITION

RSP was born to help people achieve their health and fitness goals. We live to partner with you in achieving those goals. Whether you're a busy professional trying out a new fitness program or a lifelong athlete, we know this can be challenging. Our mission is to create nutritional products that make your journey both healthy and enjoyable, without ever asking you to choose between quality and convenience. So set a goal, fuel up, beat a personal best, recover and repeat. We have your back every step of the way.



### KICKSTART KETOSIS & METABOLISM\*

When in ketosis, the body burns fats for energy. Keto BHB can aid in the transition into ketosis, help keep you in ketosis, boost the positive effects of a ketogenic diet and help with "keto fog" symptoms. Keto BHB can also help reduce cravings and support a healthy appetite.\*



### MENTAL CLARITY & FOCUS\*

Ketones can be metabolized by the brain which may lead to improved cognitive health as well as peak mental clarity and performance.\*



#### **CLEAN ENERGY**

Each serving provides a quick source of ketones that can be used to improve energy levels, power output, physical performance and recovery from exercise.\*

## CLEAN ACTIVE NUTRITION

## KETO BHB

**EXOGENOUS KETONES** WEIGHT MANAGEMENT' CLEAN ENERGY' MENTAL CLARITY'

# Supplement Facts Serving Size: 4 Veggie Capsules Servings Per Container: 60

	Amount Per Serv	ring %DV
Calories	.5	
Calcium	380 mg	29%
Sodium	66 mg	3%
Magnesium	8 mg	2%
Beta-Hydroxybutyrate (BHB)	2.4 g	**
(as goBHB® Calcium (Calcium Beta-Hydroxybutyrate),		
goBHB® Sodium (Sodium Beta-Hydroxybutyrate) and		
goBHB® Magnesium (Magnesiun	n Beta-Hydroxyb	utyrate))

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet.
\*\*Daily Value (DV) not established\*

OTHER INGREDIENTS: Hypromellose, Magnesium Stearate, Silicon Dioxide, Rice Flour

IF YOU HAVE ANY HEALTH CONDITIONS, ARE PREGNANT, BREAST FEEDING OR TAKING MEDICATION, ASK A PHYSICIAN BEFORE USE. KEEP OUT OF REACH OF SMALL CHILDREN.

ATHESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE

## **DIRECTIONS:**

Take 4 capsules, ideally on an empty stomach prior to exercise or when an energy boost is desired. For best results, combine with a proper keto diet and training program, or when already in ketosis.



MADE IN THE USA

This product contains ingredients of international and domestic origin



THIRD-PARTY TESTED

TOTAL **SERVINGS** 



QUALITY ASSURANCE

240 VEGGIE CAPSULES DIETARY SUPPLEMENT



WWW.RSPNUTRITION.COM 877.814.2544

DISTRIBUTED BY RSP NUTRITION 3381 NW 168th Street, Miami Gardens, FL 33056

