TEAR HERE

USE CUP TO TRACK
M T W Th F S Su

DIAL A DAY™

Use Dosage Cup to Track Daily Use.
Place dosage cup over bottle cap and align letter of week with ***DIAL A DAY*** *line above.*

Supplement Facts

Serving Size	1 teaspoon (tsp) (5 mL)	2 teaspoons (tsp) (10 mL)
Servings per Container	96	48
Amount per Serving	**Age 4-12 % DV**	**Age 13-Adult % DV**
Calories	0	10
Total Carbohydrate	1 g <1%†	2 g <1%†
Total Sugars	1 g **	2 g **
Includes Added Sugars	1 g 2%†	2 g 4%†
Vitamin D3 (as cholecalciferol)	12.5 mcg 63%	25 mcg 125%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: purified water, organic cane sugar, natural flavors, citric acid (preservative to maintain freshness), potassium sorbate (preservative to maintain freshness), sodium croscarmellose, sodium benzoate (preservative to maintain freshness), vegetable juice color

Questions? 1-800-9NATURE / naturesway.com

Certified GF Gluten-Free

RECOMMENDATION: Shake well before each use. Adults & children 13 years of age and older: Take 2 teaspoons daily. Children ages 4 to 12: Take 1 teaspoon daily. Take directly from dosage cup, or mix into water or juice. Do not exceed recommended daily serving. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

DOSAGE CUP PROVIDED on top of bottle. Wash after each use.

TAMPER EVIDENT. Safety sealed with printed outer shrink-sleeve over bottle cap and printed inner seal. Do not use if either seal is broken or missing.

Keep out of reach of children. Can be stored at room temperature or refrigerated. Best used within 3 months after opening.

- **FAST ABSORBING LIQUID** *helps support immune health.**
- **VITAMIN D3** *is the preferable form of Vitamin D and helps support bone, teeth, breast, colon and heart health.**
- **GREAT TASTING** *for the whole family.*
- **LIQUID FORMULA** *is easier than swallowing tablets.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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FAST ABSORBING LIQUID

SINCE Nature's Way 1969

Vitamin D3

IMMUNE HEALTH*

with Bone, Teeth & Muscle Support*

Vitamin D3 1,000 IU (25 mcg)
Per Daily Adult Serving

Berry Flavored

48 SERVINGS PER 2 tsp DOSE

16 FL OZ (1 PT) (480 mL) • Dietary Supplement