

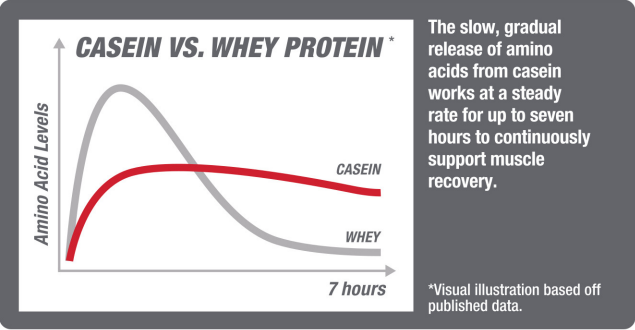
PRO PERFORMANCE® RESULTS

Maintaining adequate protein levels throughout the day can be a challenge. Casein is a slow-release protein naturally rich in glutamine and branched chain amino acids (BCAA). 100% Casein contains 25 grams of protein, providing slow and steady amino acids for muscle growth and maintenance over several hours.^* A perfect choice for overnight and long-period lean muscle recovery, 100% Casein supports your wellness and performance goals.^*

PRO PERFORMANCE® QUALITY

100% Casein is tested and certified Banned Substance Free.* It is gluten free, tastes great and mixes easily with a simple stir, shake or blend.

*When used in conjunction with an exercise program.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 220 banned substances on the 2020 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

PRO PERFORMANCE

25G PROTEIN | 120 CALORIES | 1G SUGARS

100% CASEIN

High-Quality, Gluten-Free Protein
Supports Muscle Recovery
with Slow-Digesting Protein^*

DIETARY SUPPLEMENT

Net Wt 33.58 oz (2.10 lb) 952 g

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VANILLA CREAM
NATURAL FLAVORS

CODE 123403
DIRECTIONS: As a dietary supplement, mix one scoop (34 g) in 10 fl. oz. of cold water or your favorite beverage and blend well. Consume 1 serving per day. Best enjoyed early in the day, post-workout or before bed as an additional source of protein.

Supplement Facts		
Serving Size One Scoop (34 g)		
Servings Per Container 28		
Amount Per Serving	% Daily Value	
Calories	120	
Total Fat	1 g	1%†
Cholesterol	20 mg	7%
Total Carbohydrate	4 g	1%†
Total Sugars	1 g	*
Protein	25 g	50%†
Calcium	580 mg	45%
Sodium	95 mg	4%
Potassium	120 mg	3%
† Percent Daily Values are based on a 2,000 calorie diet.		
* Daily Value not established.		

INGREDIENTS: Micellar Casein, Polydextrose, Natural Flavors, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- and Diglycerides, Mixed Tocopherols, Tricalcium Phosphate), Soy Lecithin, Mineral Blend (Salt, Sodium Gluconate, Potassium Chloride), Sucralose, Acesulfame Potassium.
CONTAINS: Milk and Soybeans.
Distributed by: General Nutrition Corporation
Pittsburgh, PA 15222 USA



NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

THREE WAYS TO ENJOY YOUR 100% CASEIN PROTEIN

1 SHAKE

Combine with cold water, milk or your favorite beverage in a shaker cup

2 BLEND

Make a delicious smoothie adding fruits, juices, peanut butter or yogurt

3 EAT

Mix powder in your oatmeal, yogurt or your favorite food

