

Trouble Sleeping?

As we age and lead busier lives, our bodies produce less melatonin, the key ingredient we need to fall asleep and stay asleep. REMfresh®, made with 99% ultrapure UltraMel® melatonin, helps supplement the body's own natural levels of melatonin for up to 7 hours.†

The REMfresh® Advantage

Only REMfresh® has the breakthrough melatonin IPP® (Ion-Powered Pump®) technology. This helps you sleep soundly and wake up refreshed to conquer the new day.†

REMfresh® 7 hour absorption, known as the MESA-WAVE®, has been shown in a clinical trial.*



Directions for use: Take 1 caplet 30 to 90 minutes before intended bedtime. For extra support, take 2 caplets nightly. Do not exceed 2 caplets nightly.

Supplement Facts

Serving Size: 1 Caplet

Amount Per Serving	1 Caplet
Melatonin (UltraMel®)	5 mg**

**Daily Value (DV) not established.

Other Ingredients: Silicified Microcrystalline Cellulose, Citric Acid, Hydroxypropyl Methylcellulose, Starch, Talc. **Less than 2% of:** Magnesium Stearate, Cellulose Gum, Dextrose Monohydrate (from wheat), Titanium Dioxide, Polyvinyl Alcohol, Silicon Dioxide, Cellulose, FD&C Blue #1 Lake, Polyethylene Glycol, Mica-based Pearlescent Pigment, Glycerin, Polysorbate 80.

Manufactured for Physician's Seal®, LLC, Boca Raton, FL 33487
Individual results may vary. Please read package insert for more information.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Intended for occasional sleeplessness. Consult a physician before use; if you are under the age of 18; if you are experiencing long-term sleep difficulties; if pregnant, attempting to become pregnant, or nursing; if you have a medical condition, are taking medication, or have chronic diseases; if you are taking sedatives, tranquilizers or any other sleep aid; if there are serious medical issues. REMfresh is not recommended. Do not drive or operate machinery when taking melatonin. Allow time for a full 7 hours of rest when taking. Do not use when consuming alcohol. Keep out of reach of children. Store at room temperature. Do not use if blister is torn or ripped or if there is any other evidence of tampering. Consult a physician if using any supplement for the first time. The company will strive to keep information current and consistent but may not be able to do so at any specific time. Generally, the most current information can be found on www.REMfresh.com.

EXTRA strength REMfresh®

CLINICALLY TESTED*

Advanced Ion-Powered Melatonin®

7 Hour Absorption*



Fall Asleep Faster†
Stay Asleep Longer†
Improve Sleep Quality†
Wake Up REfreshed†



5 mg UltraMel® Melatonin
DIETARY SUPPLEMENT 36 Nightly Caplets

Physician's Seal®, LLC
Boca Raton, FL 33487
Patents/Trade dress/Trademarks at
www.REMfresh.com
REMfresh® is protected by U.S. patents
No.: 8,691,275; 9,186,351; 9,241,926;
9,549,900; 10,226,447.
Questions or Comments: 866-554-7071



†Among primary care physicians with a certification in sleep disorders who recommended a non-prescription sleep aid brand: IQVIA ProVoice Feb.-March 2020 survey.

*REM Absorption Kinetics Trial (REMAKT), a pharmacokinetic trial of 5 mg REMfresh, not a sleep study. Approved after peer review and then published in *Primary Care Companion for CNS Disorders*, 2019.

Rev. 10.20

00000-0

VC16-1248D

