

Health Concerns®

CHINESE TRADITIONAL FORMULAS™

Suggested Use: Three capsules 1 hour before bed-time or as directed by your health care practitioner.



Exclusively formulated & distributed by

Health Concerns®

Springville, Utah

1(800)233-9355

www.healthconcerns.com/pro

Notice: As with any dietary supplement, do not take without first consulting your health care practitioner, especially if you are pregnant, nursing, or are under medical supervision for any reason. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Made in the U.S.A.



**SCHISANDRA
DREAMS™**

**Valerian Herbal
Supplement**

90 Capsules

Supplement Facts

Serving size: 3 capsules

Servings per container: 30

	Amount per serving	% Daily Value
Proprietary Herbal Blend	1,947 mg	†
Valerian root extract, Schisandra fruit extract, California Poppy whole plant extract.		

† Daily Value not established.

Other Ingredients: Hypromellose (vegetable cellulose), rice bran.

Pinyin / Latin: *Valeriana officinalis*, *Schisandra chinensis* (Wu Wei Zi), *Eschscholzia californica*.

COMBINING MODERN RESEARCH AND ANCIENT WISDOM®

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