



ESTROGEN-FREE

# Remifemin<sup>®</sup>

## MENOPAUSE RELIEF\*

### Clinically Proven to Reduce:

- Hot Flashes\*
- Night Sweats\*
- Mood Swings\*

**60** TABLETS  
DIETARY SUPPLEMENT

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Remifemin<sup>®</sup>  
is a female  
friendly  
formula

No soy,  
propylene  
glycol,  
hormones,  
or artificial  
colors,  
flavors, or  
preserva-  
tives



# Remifemin<sup>®</sup>

### Clinically Proven to Reduce Menopause Symptoms:

- Hot Flashes\*
- Night Sweats\*
- Mood Swings\*
- Irritability\*
- Related Occasional  
Sleeplessness\*

### Estrogen-Free:

Ideal for women choosing not  
to take estrogen

### Alternative to HRT:

Can be used in place of  
Hormone Replacement  
Therapy (HRT) for relieving  
symptoms of menopause  
and perimenopause\*

**Keep out of reach of children.** Safety sealed for  
your protection with a tamper-evident foil pouch.  
Do not use if foil is punctured.

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**Questions?** 1-800-9NATURE / naturesway.com

**Recommendation:** Take 1 tablet in  
the MORNING and 1 tablet in the  
EVENING with water. Best results with  
ongoing use, up to 6 months. Do not  
take other *Cimicifuga* (black cohosh)  
containing products concurrently.

### Supplement Facts

Serving Size 1 Tablet

| Amount per Serving                                                                       | % DV     |
|------------------------------------------------------------------------------------------|----------|
| RemiSure <sup>®</sup> Dry Extract<br>equivalent to 21 mg† Black<br>Cohosh (root/rhizome) | 2.5 mg** |

\*\*Daily Value (DV) not established.

Other ingredients: lactose monohydrate,  
cellulose, potato starch, magnesium  
stearate

Contains milk.

†2.5 mg RemiSure dry extract is equivalent to  
21 mg of Black Cohosh (*Cimicifuga racemosa*)  
root/rhizome per tablet (mean of concentration  
8.5:1).

**Caution:** Do not take if you are allergic to  
any of the ingredients in this product or  
pregnant or nursing. Discontinue use and  
consult a healthcare professional if you  
have a liver disorder or develop symptoms  
of liver trouble, such as abdominal pain,  
dark urine, or jaundice. Consult a health-  
care professional prior to use if taking  
prescription drugs, or if you have been  
treated for breast cancer or any other  
hormone-dependent cancer. Women of  
childbearing potential should consider an  
effective method of contraception during  
the use of this product. For further instruc-  
tions please read the enclosed insert.



Remifemin<sup>®</sup>  
contains the  
black cohosh  
extract used  
in clinical  
studies



Tablet size



LBX07500.A02 BLK750A  
Remifemin<sup>®</sup>, RemiSure<sup>®</sup>, "Take 1 in  
the Morning and 1 in the Evening"  
and associated butterfly logo & pill  
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