



Supplement Facts		
Serving Size:		1 Caplet
Servings Per Container:		200
		% Daily Value
Amount per Serving		Value
Vitamin C	500 mg	833
Vitamin E	30 IU	100
Thiamin (B1)	10 mg	667
Riboflavin (B2)	10 mg	588
Niacin (B3)	100 mg	500
Vitamin B6	5 mg	250
Folate,Folic Acid,Folacin	400 mcg	100
Vitamin B12	12 mcg	200
Biotin	45 mcg	15
Pantothenic acid	20 mg	200
Choline Bitartrate		1 mg*
Inositol		1 mg*
PABA (Para-Aminobenzoic Acid)		1 mg*
<TD* Daily Value not established.		

Ascorbic Acid, Microcrystalline Cellulose, Niacinamide, Dicalcium Phosphate, DL Alpha Tocopheryl Acetate, D Calcium Pantothenate, Croscarmellose Sodium, Stearic Acid, Thiamin Mononitrate, Riboflavin, Silica, Magnesium Stearate, Gelatin, Pyridoxine Hydrochloride, Maltodextrin, Choline Bitartrate, Cellulose Coating, Mannitol, Insitol, PABA (Para-Aminobenzoic Acid), Folic Acid, Biotin, Cyanocobalamin

As a dietary supplement for adults, take one caplet daily with the meal of your choice. Store at room temperature, tightly closed.

Dietary Supplement

Helps Support a Healthy Immune System*

- Energy Metabolism Support*
- No Trans Fat, Gluten, Preservatives Added, Artificial Color or Lactose
- Water-Soluble Vitamins Tablets USP

B-Complex vitamins help convert food into energy and are necessary for normal functioning of the nervous system.* Vitamin C helps protect the body's cells from potential oxidative damage, fights free radicals and supports the immune system.* Made to U.S. Pharmacopeia (USP) quality, purity and potency standards. Laboratory tested to dissolve within 60 minutes.

1-800-925-4733

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

100% Satisfaction guaranteed with all Walgreens products or your money back.

Warnings

Contains fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients. If you are pregnant, nursing a baby or considering becoming pregnant, ask a doctor before using this product. If you take a prescription medication, consult a physician before using this product. Keep out of reach of children. Use only if inner seal is not broken or missing.

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