



ASHWAGANDHA ROOT

Withania
somnifera

HAND-MADE EXTRACT

2 fl. oz.
(60 mL)

HERBAL DIETARY
SUPPLEMENT

48
SERVINGS



SUGGESTED USE: Adults: 1/4 tsp. Take in water 1-3 times daily. **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.

Manufactured and Distributed by:
Mountain Meadow Herbs, Inc.
1019 Hard Rock Rd, Somers, MT 59932
888.528.8615 | www.mmherbs.com



Enjoy a variety of health
benefits*

- Cortisol and adrenal gland support*
- Mood and mind support*
- Maintain healthy joints*



1 dropperful = approx. 1/8 tsp.

Supplement Facts

Serving Size: 1/4 tsp
Servings Per Container: 48

Per Serving %DV

Ashwagandha root extract 1.25 ml †
(1:2) in vegetable glycerin, distilled
water, and approx 5% - 10% organic
grain alcohol.

† Daily Value (DV) not established

Not for use while pregnant or while taking
barbiturates without supervision from your
healthcare provider.



* These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.