

PROMOTES FEELINGS
OF FULLNESS*

At Nature's Way®, we believe in quality you can trust. So, we start by sourcing botanicals from the places they grow best. Then we use three distinct levels of scientific testing methods to ensure ingredients meet our uncompromising standards. Look for the TRU-ID™ logo to find products certified for authenticity by independent, third-party testing.

◆ LG13675_401 BLK02174



*Based on clinical study. See label for full details on the study. ©2015 Nature's Way. This product is not intended to diagnose, treat, cure, or prevent any disease.

SINCE  1949

GLUCOMANNAN

— FROM KONJAC ROOT —

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100 VEGAN CAPSULES | 1,995 mcg per Serving

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules with at least 8 oz. of liquid (full glass) approximately 20 minutes before meals. **Warning:** Take this product with at least a full glass of liquid. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules	
Servings per Container 50	
Amount per Serving	% DV
Total Carbohydrate	2g <1%
Glucosannan (from <i>Amorphophallus konjac root</i>)	1,995g **
**Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.	

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate

Contains gluten.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, or artificial colors, or flavors.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturerway.com

