

NATURE'S WAY[®] ORGANIC HEMP POWDER is the highest quality hemp seed powder and contains protein, fiber, and essential fatty acids.†

†See Supplement Facts for total fat and saturated fat content.

11 g FIBER & 11 g PROTEIN (Per Serving)

DELICIOUS TASTE

COLD MILLED AND UNREFINED

Typical Amino Acid Content Per Serving

Amino Acids		mg	
Glutamic Acid	1,450 mg	±1.4 g	
Arginine	1,450 mg	±1.4 g	
Aspartic Acid	1,300 mg	±1.1 g	
Serine	320 mg		
Proline	600 mg		
Phenylalanine	320 mg		
Valine	90 mg		
Sarcosine	500 mg		
Cysteine	400 mg		
Isoleucine	400 mg		
Threonine	400 mg		
Glycine	400 mg		
Alanine	400 mg		
Methionine	240 mg		
Tyrosine	200 mg		
Cytidine	90 mg		
Histidine	50 mg		
Tryptophan	50 mg		

Contains no artificial colors, flavors, or preservatives.

Keep out of reach of children. Packaged in light protective bottles. Safety sealed with tamper evident cap. Do not use if tamper evident seal is broken or missing.

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QUESTIONS? 1-800-968-9886 / natureway.com



**ORGANIC
HEMP
— POWDER —
PROTEIN & FIBER**



COLD MILLED • UNREFINED

11 g FIBER • 11 g PROTEIN
(Per Serving)

NET WT 16 OZ (1 LB) (454 g) DIETARY SUPPLEMENT

RECOMMENDATION: Add 4 Tablespoons (Tbsp) to a favorite juice, smoothie, or other beverage. Can be sprinkled on cereals and yogurt, or added to a favorite muffin recipe. Do not exceed recommended dosage. Refrigerate After Opening. Keep Tightly Sealed.

CAUTION: If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. This product contains the amino acid phenylalanine.

Supplement Facts

Serving Size 4 Tablespoons (30 g)

Servings per Container 15

Amount per Serving	% DV	
Calories	110	
Total Fat	2.5 g	5%
Saturated Fat	0 g	0%
Trans Fat	0 g	—
Polyunsaturated Fat	2 g	—
Monounsaturated Fat	0 g	—
Cholesterol	0 mg	0%
Total Carbohydrate	12 g	4%
Dietary Fiber	11 g	30%
Total Sugars	<1 g	—
Includes 1 g Added Sugars		0%
Protein	11 g	22%
Organic Hemp Powder (seed)	30 g	—
Essential Fatty Acids	1.7 g	—
Omega-6 Fatty Acids	1.2 g	—
Omega-3 Fatty Acids	414 mg	—

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
—Daily Value not established.

Ingredient: Organic Hemp Powder (seed)

Sold by weight, not volume. Settling of product may occur during shipping and storage.