



Supplement Facts

Serving Size:

1 Caplet

Servings Per Container:

100

Amount per Serving		% Daily Value
Vitamin C	300 mg	500
Thiamin (B1)	15 mg	1000
Riboflavin (B2)	10.2 mg	600
Niacin (B3)	50 mg	250
Vitamin B6	5 mg	250
Folate, Folic Acid, Folacin	400 mcg	100
Vitamin B12	6 mcg	100
Pantothenic acid	10 mg	100

<TD* Daily Value not established.

Ascorbic Acid, Dextrose, Cellulose (Plant Origin), Niacinamide, Thiamin Mononitrate, D Calcium Pantothenate, Croscarmellose, Riboflavin, Starch, Pyridoxine Hydrochloride, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silica, Polyethylene Glycol, Dicalcium Phosphate, Folic Acid, Cyanocobalamin

As a dietary supplement for adults, take one caplet daily with the meal of your choice.

Helps Support a Healthy Immune System*

- Energy Support*
- No Trans Fat, Gluten, Preservatives Added, Artificial Color, Lactose or Gelatin
- Water-Soluble Vitamins Tablets USP

B-Complex vitamins help convert food into energy and are necessary for normal functioning of the nervous system.* Vitamin C helps protect the body's cells from potential oxidative damage and enhances the immune system.*

Made to U.S. Pharmacopeia (USP) quality, purity and potency standards. Laboratory tested to dissolve within 60 minutes.