



Ingredients
Gelatin , Glycerin

Nutrition Facts	
Serving Size : 1 Softgel	
Amount Per Serving	% Daily value*
Vitamin A 1250.0 IU	25.0
Vitamin D 135.0 IU	34.0
Cod Liver Oil 415.0 mg †	903.0
EPA - Cod Liver Oil 37.0 mg †	
DHA - Cod Liver Oil 36.0 mg †	
Other Fatty Acids - Cod Liver Oil 0.0 units	

Excellent source of vitamins A & D. Vitamin D helps maintain bones and a healthy immune system.* Vitamin A assists in many other bodily functions, such as eyesight and skin maintenance. No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color or flavor and sodium.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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As a dietary supplement for adults, take one (1) softgel three times daily with the meals of your choice. Store at room temperature, tightly closed..
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