

At Nature's Way® we believe in quality you can trust. So we start by sourcing botanicals from the places they grow best. Then we use three distinct levels of scientific testing methods to ensure ingredients meet our uncompromising standards. Look for the TRU-ID™ logo to find products certified for authenticity by independent, third-party testing.



Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No yeast, wheat, corn, soy, dairy products, artificial colors, flavors, or preservatives.

Packaged by weight, not volume. Settling of contents may occur.



• LG10275.01 0512-0643



BARLEY GRASS POWDER

SUPER FOOD



NET WT 9 OZ (255 g) 12 G per Serving
DIETARY SUPPLEMENT

Recommendation: Stir 4 teaspoons (tsp) into cold water or other beverage as desired.

If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 4 teaspoons (tsp) (12 grams)

Servings per Container 21

Amount per Serving	% DV	
Calories	40	
Total Fat	1 g	1%†
Total Carbohydrate	7 g	2%†
Dietary Fiber	4 g	14%†
Total Sugars	2 g	**
Includes 0 g Added Sugars		0%†
Protein	2 g	4%†
Sodium	35 mg	2%
Barley (grass)	12 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Ingredient: barley grass

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Questions? 1-800-9NATURE / natureway.com