

Suggested Use: Take 1-2 capsules at night prior to desired sleep or as recommended by your health professional.

Store in a cool, dry place with the lid tightly closed. Keep out of reach of children.

Warnings: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.

Manufactured for BodyHealth.com, LLC.

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Manufactured in a cGMP,
FDA registered facility.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SNOOZE AWAY IN PEACE*



HEALTHY SLEEP ULTRA

Support the body's calming hormones
and neurotransmitters that promote
restorative sleep.*

DIETARY SUPPLEMENT 60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount Per Serving	% DV†
Vitamin B6 (as Pyridoxal 5-Phosphate) (PSP)	2 mg	117%
Vitamin C (as Ascorbic Acid)	10 mg	17%
Taurine	700 mg	**
L-Theanine	400 mg	**
L-Glycine	250 mg	**
5-HTP (l-5-hydroxytryptophan)	100 mg	**
L-Glutamine	50 mg	**
Melatonin (N-Acetyl-5-methoxytryptamine)	3 mg	**

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Values not established

Other Ingredients: Vegetable Cellulose (capsule).

Healthy Sleep Ultra contains **NONE** of the following: artificial colors, artificial flavors, milk or milk derivatives, preservatives, sodium, gluten, corn or soy.



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