

Prod. No. 8959
TO REORDER
CALL
1-800-645-1030



Puritan's Pride.

Prod. No. 8959

FORMULA 100

- One A Day Formula
- High Potency

90
Tablets

Dietary Supplement

Shop Online www.puritan.com

CERTIFIED
100%
NATURAL
E
COLLAGEN

TIME
RELEASE



89598

07D

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Total Carbohydrate	+ <1 g <1%*
Vitamin A (as Retinyl Palmitate and 20% In Beta-Carotene)	10,000 IU 200%
Vitamin C (as Ascorbic Acid and Rose Hips)	250 mg 517%
Vitamin D (as Cholecalciferol)	400 IU 100%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	150 IU 300%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	100 mg 6,667%
Riboflavin (Vitamin B-2)	100 mg 2,000%
Niacin (as Nicotinamide)	100 mg 2,000%
Vitamin B6 (as Pyridoxine Hydrochloride)	100 mg 2,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 2,000%
Biotin (as d-Biotin)	100 mcg 20%
Para-Aminobenzoic Acid (as p-Calcium Para-aminobenzoate)	100 mg 1,000%
Calcium (as Calcium Carbonate)	100 mg 20%
Iron (as Ferrus Fumarate)	18 mg 100%
Iodine (as Iodine)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 12%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as Sodium Selenate)	28 mcg 56%
Copper (as Cupric Oxide)	0.3 mg 25%
Manganese (as Manganese Sulfate)	0.1 mg 20%
Chromium (as GTF Chromium Yeast)	200 mcg 100%
Potassium (as Potassium Citrate)	10 mg <1%
PABA (Para-Aminobenzoic Acid)	100 mg **
Choline Bitartrate	100 mg **
Inositol	100 mg **
Flax	25 mg **
Lemon Bitteronoids (Citrus spp) (Fruit)	50 mg **
Hesperidin (Citrus Aurantium and Citrus spp) (Fruit)	12.5 mg **
Retaine Hydrochloride	80 mg **
Chondroitin	80 mg **
Proprietary Blend	1 mg **
Contains: Alfalfa Leaf, Watercress, Parsley Leaf, Rice Bran and Soy Lecithin.	

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Hypromellose, Silica, Vegetable Magnesium Stearate, Cellulose Coating, Glycerin, Sodium Citrate.

This product contains soy and wheat ingredients.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Prod. No. 8959
TO REORDER CALL
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Caldwell, NY 11769 U.S.A.
© 2008 Puritan's Pride, Inc.

