

BONE
HEALTH*BRAIN
HEALTH*EYE
HEALTH*HEART
HEALTH*

WOMEN'S 50+ COMPLETE

ONCE-DAILY MULTI
for Active Women Over 50
Dietary Supplement

180 TABLETS



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 180

Amount Per Serving		% Daily Value
Vitamin A	1260 mcg RAE	140%
(as Retinyl Acetate and 33% Beta Carotene)		
Vitamin C (as Ascorbic Acid)	120 mg	133%
Vitamin D3 (as Cholecalciferol)	25 mcg	125%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 mg	200%
Vitamin K (as Phylloquinone)	20 mcg	17%
Thiamine (Vitamin B1) (as Thiamine Mononitrate)	4.5 mg	375%
Riboflavin (Vitamin B2)	3.4 mg	262%
Niacin (as Niacinamide)	20 mg NE	125%
Vitamin B6 (as Pyridoxine HCl)	6 mg	353%
Folate (400 mcg Folic Acid)	666 mcg DFE	167%
Vitamin B12 (as Cyanocobalamin)	25 mcg	1042%
Biotin	30 mcg	100%
Pantothenic acid (as Calcium D-Pantothenate)	15 mg	300%
Calcium (as Calcium Carbonate)	500 mg	38%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	12%
Zinc (as Zinc Oxide)	24 mg	218%
Selenium (as Sodium Selenate)	27 mcg	49%
Copper (as Cupric Sulfate)	2.2 mg	244%

Manganese (as Manganese Sulfate)	4.2 mg	183%
Chromium (as Chromium Chloride)	180 mcg	514%
Molybdenum (as Sodium Molybdate)	90 mcg	200%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, silicon dioxide, magnesium stearate, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide, FD&C Red #40, riboflavin.

Directions: As a dietary supplement for adults, take 1 tablet daily with a meal or as directed by a healthcare professional.

WARNING: Do not take this product if you are pregnant or nursing. Consult a healthcare professional before taking this product if you are taking medication or have a health condition.

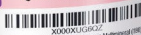
Do not use if seal under cap is broken or missing.
Store at room temperature. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
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Nutrition Questions or Comments?
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Mon. - Fri. 7 AM - 6 PM MST

Item No. 1505b



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Bronson ONE Daily Women's ...vitamin Multinutrient (180)
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