



MOUNTAIN  
MEADOW  
HERBS®

# HERBAL CALCIUM

Regulates  
Calcium Metabolism

ALCOHOL FREE

EVERYDAY HEALTH

2 fl. oz.  
(60 mL)

HERBAL DIETARY  
SUPPLEMENT

48  
SERVINGS

SUGAR  
FREE

VEGAN

**SUGGESTED USE:** 0-2 years: 5-10 drops. 3-11 years: 1/8 tsp. 12+ yrs: 1/4 tsp. Take in water 1-3 times daily or as needed.  
**Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.

Manufactured and Distributed by:  
Mountain Meadow Herbs, Inc.  
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888.528.8615 | [www.mmherbs.com](http://www.mmherbs.com)



**A safe, plant-based calcium with  
multiple health benefits\***

- Teeth and bone support\*
- Balanced for ideal absorption\*
- Calming support for muscles and nerves\*



1 dropperful = approx. 1/8 tsp.

## Supplement Facts

**Serving Size:** 1/4 tsp  
**Servings Per Container:** 48

| Per Serving          | %DV     |
|----------------------|---------|
| Proprietary Blend    | 1.25 mL |
| Stinging Nettle leaf | †       |
| Horsetail herb       | †       |
| Oatstraw herb        | †       |
| Cornsilk herb        | †       |
| Chamomile herb       | †       |
| Skullcap herb        | †       |

† Daily Value (DV) not established

Other Ingredients: vegetable glycerin and distilled water

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.