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100% ALL NATURAL - SWEETENED STEVIA

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A Relaxing, All-Natural Magnesium Supplement



Vegan, Non-GMO, Gluten Free & 100% all natural ingredients.



Magnesium is a co-factor in over 350 enzymatic functions.



Zero added sugars. BodyHealth CALM is Keto, Paleo & Low Carb Friendly.



Magnesium deficiency has been linked to over 65 health conditions.

BodyHealth CALM is a highly absorbable proprietary blend of magnesium carbonate and citric acid — which, in combination with water, creates ionic magnesium citrate.*

DIRECTIONS: Adults place powder in a glass; add 2-3 oz of hot water. Let it fizz, then stir until dissolved. Fill with warm or cold water and enjoy. Enjoy 2-3 servings throughout the day, with or without food.

SERVING SIZE: Individual needs vary. Start with ¼ scoop (1g) daily, gradually increase up to 1 whole scoop (4g) or more as needed per day. When bowels begin to loosen, this is a good gauge of the optimal amount.

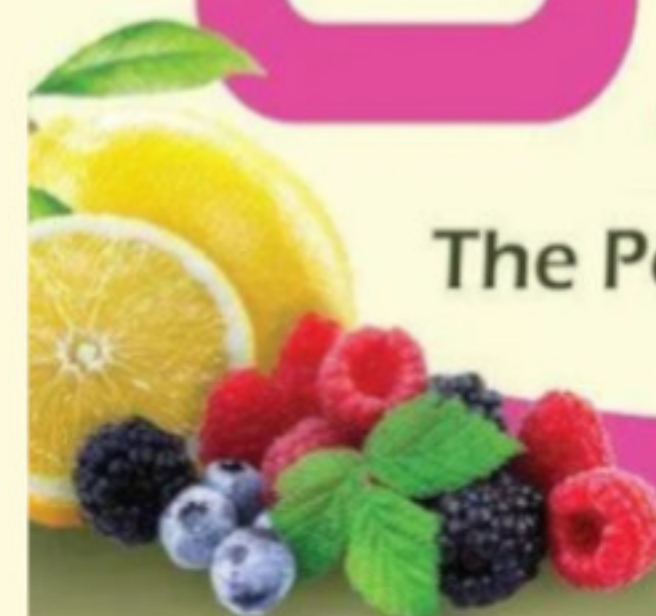
Manufactured for BodyHealth.com

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CALM

The Perfect Stress Reduction Formula*



DIETARY SUPPLEMENT

BERRY LEMON

Net Wt. 336g (11.85oz)



Supplement Facts

Serving Size: 1 scoop/ 4.0 grams

Servings per Container: 84

	Amount per Serving	% DV†
Magnesium (as magnesium carbonate)	325mg	77%

† Percent Daily Values (DV) are based on a 2,000 calorie diet

Other Ingredients: Citric Acid, Natural Organic Flavors, Stevia Extract

This product consists of magnesium carbonate which has been combined with citric acid to create **Magnesium Citrate**.

FREE from: fat, yeast, gluten, soy, corn, wheat, rice, GMOs, sugar, preservatives, dairy or animal products.

Caution: As with any dietary supplement, we recommend consulting your healthcare practitioner before using this product. Do not exceed the recommended dose. Do not use if tamper evident seal is broken or missing.

Keep out of reach of children. Store in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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