

# equate®

Slow-Release

Compare to  
**SLOW FE®  
Ingredients\***

## Iron Tablets Iron Supplement

- High potency • Once a day
- Gentle to your system - may reduce the side effects associated with immediate release iron

**45  
mg**

**30  
TABLETS**

Actual Size

This product is an iron supplement for iron deficiency and iron deficiency anemia† when the need for such supplementation has been determined by a physician.

### Supplement Facts

Serving Size 1 tablet

| Amount Per Tablet | % Daily Value |
|-------------------|---------------|
|-------------------|---------------|

|                        |      |
|------------------------|------|
| Iron (elemental) 45 mg | 250% |
|------------------------|------|

Ingredients: dried ferrous sulfate USP, dicalcium phosphate, microcrystalline cellulose, hypromellose, stearic acid, polyvinyl alcohol, magnesium stearate, polyethylene glycol, talc, silicon dioxide, titanium dioxide, FD&C red 40 aluminum lake, FD&C yellow 6 aluminum lake, FD&C blue 1 aluminum lake

**Directions:** Adults: Take 1 tablet daily, or as directed by a physician. Tablets must be swallowed whole. Not intended for use in children.

Satisfaction guaranteed - Or we'll replace it or give you your money back. For questions or comments or to report an undesired reaction or side effect, please call 1-888-287-1915.

**CAUTION:** The treatment of iron deficiency anemia should be under the advice and supervision of a doctor. Do not take this product with other dietary supplements containing iron. This product is not intended for long-term use unless directed by a doctor. Consult your doctor before using this product if you are pregnant or nursing a baby. Since oral iron products may interfere with absorption of oral antibiotics (e.g. tetracycline), these products should not be taken within two hours of each other. Consult a doctor before use if you are taking any medication or have any medical condition. Occasional gastrointestinal discomfort (such as nausea) may be minimized by taking with meals. Iron products may occasionally cause constipation or diarrhea.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

†Iron deficiency is most common among women (approximately 12% of U.S. women).  
Store at controlled room temperature (59°-86°F).  
Gluten Free.

Questions or comments? 1-888-287-1915  
**DO NOT USE IF PRINTED SEAL UNDER CAP IS  
BROKEN OR MISSING.**

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