

SUGGESTED USE: Take 1 capsule daily or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

Riboflavin provides 400 mg of riboflavin in each vegetarian capsule. Riboflavin, or vitamin B2, plays a part in the metabolism of other B vitamins and may help support normal growth and red blood cell production.[†]

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, GMO, gluten, or artificial colors.

Riboflavin Meets or Exceeds cGMP Quality Standards.



T A R G E T E D S U P P O R T



Seeking Health®

Riboflavin

400 mg

Dietary Supplement

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%Daily Value
Riboflavin	400 mg	30,769%
(99% as riboflavin and 1% as riboflavin 5'-phosphate sodium)		

Other Ingredients: Vegetarian capsule (hypromellose and water), ascorbyl palmitate, and silica.

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:

Seeking Health, LLC

3140 Mercer Ave

Bellingham, WA 98225

(800) 547-9812

RIBO-60-CAPS REV. 102218

This package is
completely recyclable