

SUGGESTED USE: As a dietary supplement take 4 grams (approx. one teaspoon) per day, or as directed by your health care professional.

The potassium bicarbonate was added to this formula as a buffering agent. Quercetin, hesperidin and rutin are natural bioflavonoids found in citrus fruits. Quercetin is also found in red wine and tea.

STORAGE: Store at room temperature. Keep out of reach of children.

NOTICE: This is a natural product that may exhibit color, taste and density variations from lot to lot.

Find Other Effective Health Products At www.seekinghealth.com

Optimal Vitamin C Meets cGMP Standards.

DOES NOT CONTAIN: Gluten.



T A R G E T E D S U P P O R T[®]



SeekingHealth[®]
Optimal Vitamin C
Buffered Vitamin C Powder

Dietary Supplement

NET WT. 144 G (5 OZ)

Supplement Facts

Serving Size 4 grams (approx. one teaspoon)

Servings Per Container 36

Amount Per Serving	% Daily Value	
Vitamin C	2569 mg	2854%
(as Ascorbic Acid, Calcium Ascorbate, Magnesium Ascorbate)		
Quercetin	20 mg	*
Hesperidin (as Citrus Bioflavonoids)	20 mg	*
Rutin	10 mg	*

*Daily Value not established.

Other Ingredients: Tapioca dextrin, stevia leaf extract (*Stevia rebaudiana*), natural flavor, potassium bicarbonate, citric acid, silicon dioxide.

Distributed by:

Seeking Health, LLC
3140 Mercer Avenue, Bellingham, WA 98225
Report any adverse reactions to
1-800-547-9812

