

ENERGY[†]COGNITION[†]HEALTHY[†]
STRESSFERMENTED
HERBSANCIENT
NUTRITIONANCIENT
HERBALS

Ashwagandha

Supports
Healthy Energy,
Cognitive Health
and Healthy Stress[†]Dr. Axe
FORMULA

WHOLE FOOD DIETARY SUPPLEMENT | 90 CAPSULES

Suggested Use: Adults take 3 capsules per day with 8 ounces of water or your favorite beverage. Can be taken with or without food.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Organic Fermented Ashwagandha Blend		+
Organic Fermented Ashwagandha Root, Organic Ashwagandha Root and Leaf Extract, Organic Ashwagandha Root, Organic Apple Cider Vinegar.	1.6 g	
Organic Fermented Warming Botanical Blend	252 mg	+
Organic Fermented Black Pepper Fruit, Organic Fermented Long Pepper Fruit, Organic Fermented Ginger Root, Organic Apple Cider Vinegar, Organic Black Pepper Oil, Organic Ginger Oil.		
Organic Fermented Bitter Botanical Blend	102 mg	+
Organic Fermented Milk Thistle Seed, Organic Fermented Dandelion Leaf, Organic Fermented Peppermint Leaf, Organic Apple Cider Vinegar, Organic Peppermint Leaf Oil.		

+ Daily Value (DV) not established.

Other ingredients: Hypromellose.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are otherwise under medical supervision. Store in a cool, dry place. Do not use if product has been opened or tampered with in any way. **Keep out of reach of children.**

Contains no filler ingredients, artificial flavors, colors, sweeteners or preservatives.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.Manufactured for:

Ancient Nutrition, LLC
2000 Mallory Lane
Suite 130-307
Franklin, TN 37067
www.AncientNutrition.com

TL-AWC0165-031120

