

FORMULATED
FOR MAXIMUM
ABSORPTION



ANCIENT
NUTRITION

Sleep[†]

Stress & Sleep
Support[†]

Dr. Axe
FORMULA

WHOLE FOOD DIETARY SUPPLEMENT | 60 CAPSULES

Suggested Use: Adults take 2 capsules, once per day.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Herbal and Mushroom Sleep Blend	1.3 g	+
Organic Reishi Mycelium, Organic Fermented Passion Flower, Organic Ashwagandha Root and Leaf Extract, Organic Fermented Lavender Flower, Organic Fermented Hops Flower.		

+ Daily Value (DV) not established.

Other ingredients: Hypromellose.

WARNING: As with any dietary supplement consult your healthcare practitioner before using this product, especially if you are pregnant, nursing or under medical supervision. If you are currently undergoing HIV treatment, chemotherapy, or allograft therapy, do not use before consulting your physician. Do not use if safety seal is broken or missing. **Keep out of reach of children.** Color and odor may vary from lot to lot. Store in a cool, dry place. **NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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