



VITALSHAKE

non-GMO Brown Rice Protein
23 Essential Nutrients & Amino Acids

Suggested Use: Mix two level 22 gram scoops into 8 fluid ounces of chilled water. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children. Store in a cool, dry place.

Supplement Facts		
Serving Size = 44 g		Servings Per Container = Forty-Two (42)
	Amount Per Serving	% Daily Value**
Calories	160	8%
Total Fat	3 g	4%
Total Carbohydrates	17 g	6%
Dietary Fiber	1 g	4%
Total Sugars	13 g	*
Added Sugars	13 g	26%
Protein	16 g	32%
Vitamin A (A Palmitate)	300 mcg RAE (1000 IU)	33%
Vitamin A (Beta Carotene)	2395 mcg RAE (4000 IU)	266%
Vitamin C (Calcium Ascorbate)	110 mg	122%
Vitamin D (Cholecalciferol)	2 mcg (80 IU)	10%
Vitamin E (D-Alpha Tocopheryl Acid Succinate)	54 mg (80 IU)	360%
Vitamin B1 (Thiamine HCl)	2 mg	167%
Vitamin B2 (Riboflavin)	2 mg	154%
Niacin (Niacinamide)	7 mg NE	44%
Vitamin B6 (Pyridoxine HCl)	3.4 mg	200%
Folic Acid	133 mcg DFE	33%
Vitamin B12 (Cyanocobalamin)	3.6 mcg	150%
Biotin	135 mcg	450%
Pantothenic Acid (Calcium D-Pantothenate)	3.5 mg	70%
Calcium (Calcium Citrate)	75 mg	6%
Iron (Ferrous Fumarate)	3.6 mg	20%
Phosphorus (Naturally Occurring)	200 mg	16%
Iodine (Potassium Iodide)	53 mcg	35%
Magnesium (Naturally Occurring)	140 mg	33%
Zinc (Zinc Oxide)	10 mg	91%
Copper (Copper Gluconate)	1 mg	111%
Manganese (Naturally Occurring)	1.3 mg	57%
Chromium (Chromium Picolinate)	50 mcg	143%
Potassium (Naturally Occurring)	420 mg	9%
L-Cysteine	30 mg	*
Lysine (L-Lysine HCl) ^	35 mg	*
L-Methionine ^	35 mg	*
L-Tyrosine	35 mg	*
L-Threonine ^	35 mg	*
*Daily Value not established		
**Percent Daily Values based on a 2000 calorie diet.		
^Essential Amino Acid		

Other Ingredients: nonGE Brown rice protein, nonGE brown rice syrup solids, nonGE rice bran, nonGE sunflower lecithin, nonGE virgin olive oil, nonGE vanilla flavor, and nonGE medium chain triglycerides.

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy.

Food supplements should not be used as a substitute for a varied diet.

