



Actual Color and Size

# B 50 Complex

Suggested Use: Take one (1) capsule daily with food. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

## Supplement Facts

Serving Size = One (1) capsule

Servings Per Container = Varied

	Amount Per Serving	% Daily Value
Vitamin B1 (Thiamine HCl)	50 mg	4167%
Vitamin B2 (Riboflavin)	50 mg	3846%
Niacin (Niacinamide)	50 mg NE	313%
Vitamin B6 (Pyridoxine HCl)	50 mg	2941%
Folic Acid (Folate)	667 mcg DFE(400 mcg)	167%
Vitamin B12 (Methylcobalamin)	50 mcg	2083%
Biotin (d-Biotin)	50 mcg	167%
Pantothenic Acid (Calcium D-Pantothenate)	50 mg	1000%

Other Ingredients: Gelatin, cellulose, magnesium stearate, and silicon dioxide.

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy.

Food supplements should not be used as a substitute for a varied diet.



www.vitalbulk.com

294 Anna St., Watsonville, CA 95076

In case of adverse event: 855-885-2855