

SUGGESTED USAGE: Shake well.

Take 5 drops daily, or as directed by your healthcare practitioner. Take directly or add to a beverage. Best when taken with a fat-containing meal.

CAUTIONS/INTERACTIONS: For adults only. Not for use in infants or children. Vitamin D should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. Vitamin D supplements may interact with atorvastatin and thiazide diuretics. Vitamin K is contraindicated with warfarin or other anti-coagulant medications. If you are taking any of these prescription medications, consult your healthcare practitioner before using this product. Keep out of reach of children.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P0379

V1



**PROTOCOL
FOR LIFE BALANCE®**

Liquid D3 & MK-7

2,500 IU Vitamin D3 &
100 mcg Vitamin K2
per 5 drops

• Bone & Cardiovascular Support*

MenaQ7
Vitamin K2 as MK-7

1 FL. OZ. (30 mL)
A Dietary Supplement

Non-
GMO

Supplement Facts

Serving Size 5 Drops (approx. 0.184 mL)
Servings Per Container about 163

	Amount Per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol) (from Lanolin)	62.5 mcg (2,500 IU)	313%
Vitamin K2 (as Menaquinone-7) (MK-7) (MenaQ7®)	100 mcg	83%

Other ingredient: MCT Oil (medium-chain triglycerides) (from coconut/palm kernel oil).

Formulated & Distributed by:
Protocol For Life Balance®
395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.
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