

SUGGESTED USAGE: Mix 1 rounded teaspoon in water or juice, preferably between meals, 1 to 2 times daily as needed, or as directed by your healthcare practitioner.

HOW IT WORKS: Glutamine, the most abundant amino acid in the body, is an important constituent of proteins and participates in many key metabolic processes.* Glutamine helps to regulate acid/base balance, maintains nitrogen balance, and acts as a nitrogen reservoir for the production of other amino acids.* It also serves as an important energy source for certain cell types, such as gut, immune, and kidney cells.* Glutamine is known to support gastrointestinal integrity, normal immune system function, and the preservation of muscle tissue.*

CAUTIONS/INTERACTIONS: Glutamine may interact with lactulose, anti-convulsant medications, and chemotherapy agents. If you are taking any of these medications or if you are pregnant/lactating, if you have MSG hypersensitivity, a kidney condition, a seizure disorder, bipolar disorder, or impaired liver function, consult your healthcare practitioner before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P0221
V1



PROTOCOL
FOR LIFE BALANCE®

L-Glutamine

Pure Powder

- Supports a Healthy Immune System*
- Promotes Gastrointestinal Health*



NET WT. 1 LB. (454 g)

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Rounded Teaspoon (approx. 5 g)
Servings Per Container about 91

Amount Per Serving

L-Glutamine (Free-Form)	5 g (5,000 mg)*
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* Daily Value not established.

Other ingredients: None.

Distributed by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Protocol For Life Balance® L-Glutamine Powder is a pure, free-form, non-essential amino acid.

Do not eat freshness packet enclosed.

Natural color variation may occur in this product.

This product is sold by weight not volume.