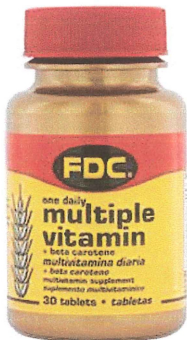


One Daily Multiple Vitamin plus Beta Carotene - 30 Tablets

SKU FDC5301



Directions:

Adults-take one (1) tablet daily as a dietary supplement.

Supplement Facts		
Serving size: 1 Tablets		Serving per container: 30
Amount per serving		% Daily Value
Vitamin A (as vitamin A acetate & beta-carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU	100%
Thiamin (vitamin B1) (as thiamin mononitrate)	1.5 mg	100%
Riboflavin (vitamin B2)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (cyanocobalamin)	6 mcg	100%
Pantothenic Acid (d-calcium pantothenate)	10 mg	100%
Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, hypromellose, stearic acid, polydextrose, silica, magnesium stearate, dextrines, medium chain fatty acids, titanium dioxide, yellow #6 lake and red #40 lakes.		

Warnings:

If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur..