

21ST
CENTURY®



NEW

PROLONGED RELEASE

Melatonin

10 mg



Sleep Support*

DIETARY SUPPLEMENT

120 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Calcium	93 mg	7%
(as Calcium Carbonate)		
Melatonin	10 mg	**

** Daily Value not established.

Other Ingredients: Cellulose, Maltodextrin, Hydroxypropyl Methylcellulose, Stearic Acid. **Contains <2% of:** Magnesium Stearate, Silicon Dioxide.

Proudly Manufactured by

21ST Century HealthCare, Inc.

2119 S. Wilson St., Tempe, AZ 85282 USA

21stcenturyvitamins.com

501586-0220N



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CENTURY.



Melatonin 10 mg

Melatonin works in harmony with your natural sleep cycle and promotes relaxation and sleep.* Prolonged release vitamins slowly release nutrients into the body over an extended period of time. 501586-0220N



Directions: As a dietary supplement, adults take one (1) tablet 30 minutes before bedtime or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Not intended for use by pregnant or nursing women or those under the age of 18. Consult a healthcare provider prior to use if you are taking any medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur. Do not take if you plan to operate machinery, drive a vehicle or consume alcohol. Consult a healthcare provider if you experience consistent sleep difficulties or for extended use.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Preservatives, Artificial Flavors or Colors.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.