

Living life with your health and wellness in mind is living life well!

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Artificial Flavors or Colors.
Gluten Free.

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Proudly Manufactured by
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21ST
CENTURY.

Wellify!TM

LIVING LIFE WELL

COMPARE VS. ALIVE!® WOMEN'S 50+†

WOMEN'S
50+⁺ MULTIVITAMIN
MULTIMINERAL
FOOD-BASED BLEND

DIETARY SUPPLEMENT 65 TABLETS

gluten free

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (30% as Beta-Carotene)	1,500 mcg 167%	Calcium (as Calcium Carbonate)	500 mg 38%
Vitamin C (as Ascorbic Acid)	90 mg 100%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU) 125%	Magnesium (as Magnesium Oxide)	50 mg 12%
Vitamin E (as d-Alpha Tocopheryl Acetate)	14 mg 90%	Zinc (as Zinc Oxide)	22.5 mg 205%
Vitamin K (as Phytonadione)	80 mcg 67%	Selenium (as Sodium Selenate)	70 mcg 127%
Thiamin (as Thiamin Mononitrate)	4.5 mg 375%	Copper (as Copper Sulfate)	2 mg 222%
Riboflavin (Vitamin B-2)	3.4 mg 262%	Manganese (as Manganese Sulfate)	4 mg 174%
Niacin (as Niacinamide)	20 mg 125%	Molybdenum (as Sodium Molybdate)	75 mcg 167%
Vitamin B-6 (as Pyridoxine HCl)	6 mg 353%	Fruit & Vegetable Blend	100 mg
Folate	667 mcg DFE 167% (400 mcg Folic Acid)	Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprouts, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach.	
Vitamin B-12 (as Cyanocobalamin)	100 mcg 4,167%	Boron (as Amino Acid Chelate)	150 mcg
Biotin (as d-Biotin)	300 mcg 1,000%	Lutein	300 mcg
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg 300%		

** Daily Value not established.

Other Ingredients: Cellulose, Maltodextrin, Dicalcium Phosphate, Croscarmellose Sodium. Contains <2% of: Alginate, BHA, BHT, Corn Flour, Gelatin, Guar Gum, Gum Arabic, Hydroxypropyl Methylcellulose, Magnesium Stearate, Mannitol, Palm Olein, Pea Starch, Rice Flour, Rice Hull Concentrate, Silicon Dioxide, Starch, Stearic Acid, Sucrose, Sunflower Lecithin, Vegetable Oil, Vitamin E Oil, Water.

ACTUAL SIZE

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