

21ST
CENTURY[®]



Stress B

with Zinc



Energy & Immune
Support*

VITAMIN & MINERAL SUPPLEMENT

66 TABLETS



Directions: As a vitamin supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

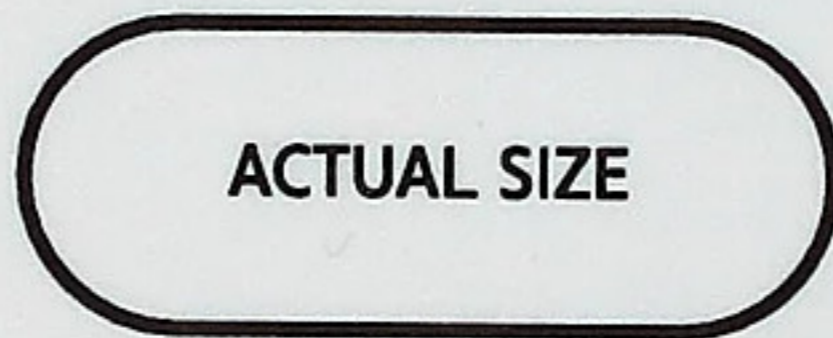
Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Preservatives.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Periods of stress can be taxing on the body. Combined with a healthy diet and plenty of rest, 21st Century Stress B helps provide the extra nutritional support your body may need.*



Proudly Manufactured by
21ST Century HealthCare, Inc.
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21stcenturyvitamins.com
500120-0520N



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Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	500 mg 556%	Vitamin B-12 (as Cyanocobalamin)	12 mcg 500%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg 90%	Biotin	45 mcg 150%
Thiamin (as Thiamin Mononitrate B-1)	10 mg 833%	Pantothenic Acid (as d-Calcium Pantothenate)	20 mg 400%
Riboflavin (Vitamin B-2)	10 mg 769%	Calcium (as Calcium Carbonate)	70 mg 5%
Niacin (as Niacinamide)	100 mg 625%	Zinc (as Zinc Oxide)	23.9 mg 217%
Vitamin B-6 (as Pyridoxine HCl)	5 mg 294%	Copper (as Cupric Sulfate)	3 mg 333%
Folate	667 mcg DFE 167% (400 mcg Folic Acid)		

Other Ingredients: Starch, Cellulose, Hydroxypropyl Methylcellulose. **Contains <2% of:** Artificial Colors (FD&C Blue #2 Carmine, FD&C Red #40, FD&C Yellow #6), Croscarmellose Sodium, Dextrin, Dextrose, Gelatin, Magnesium Stearate, PEG, Silicon Dioxide, Stearic Acid, Titanium Dioxide.

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