

Nutri-Dose™

B-12 10,000 mcg *Energy Boost**

B vitamins are essential components in most major metabolic reactions as they play an important role in energy production, including the metabolism of lipids, carbohydrates, and proteins.* Vitamin B-12 facilitates energy production and is required for nucleic acid (DNA) synthesis, methionine synthesis from cysteine, and normal myelin synthesis in the nervous system.* Along with vitamin B-6 and folic acid, adequate levels of vitamin B-12 are required to maintain healthy plasma homocysteine levels.*

The elderly and strict vegetarians are often at risk for vitamin B-12 deficiency, either due to low dietary intake or decreased absorption. Nutri-Dose™ B-12 10,000 mcg is a convenient and palatable liquid formulation that is absorbed quickly by the body, delivering rapid, energizing nutrition.*

For more information on this product go to
protocolforlife.com

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



PROTOCOL
FOR LIFE BALANCE®

Nutri-Dose™ B-12 10,000 mcg

- **Convenient Vial Delivery System
With Complete Liquid B-Complex**
- **Mixed Berry Flavor**

12-15 mL (0.5 FL. OZ.) VIALS
A Dietary Supplement Vegetarian/Vegan

These convenient liquid vials are perfect as an on-the-go, high-potency source of B-12 energy.*

- Quickly Delivers 10,000 mcg of Vitamin B-12
- Provides a Full Spectrum of B Vitamins
- Sugar Free, Sweetened with Xylitol
- No Artificial Colors or Flavors
- Refreshing, Natural Flavor Blend of Raspberry, Strawberry and Cherry

CODE P0453D V5



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Supplement Facts

Serving Size 1 Vial (15 mL) Servings Per Container 12

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	9 g	3%*
Total Sugars	0 g	†
Includes 0 g Added Sugars		0%*
Sugar Alcohols (Xylitol & Erythritol)	4 g	†
Thiamin (Vitamin B-1) (from Thiamin HCl)	3 mg	250%
Riboflavin (Vitamin B-2) (from Riboflavin-5-Phosphate Sodium)	3.4 mg	262%
Niacin (Vitamin B-3) (as Niacinamide)	50 mg	313%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	588%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as Cyanocobalamin)	10 mg (10,000 mcg)	416,667%
Biotin	300 mcg	1000%
Pantothenic Acid (from Calcium Pantothenate)	50 mg	1000%
Choline (from Choline Bitartrate)	5 mg	1%
Inositol	5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, Erythritol, Natural Flavors, Malic Acid and Potassium Sorbate (as a preservative).

Protocol For Life Balance®

395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

SUGGESTED USAGE: Shake plastic vial before using. Snap off top of vial, squeeze liquid contents into mouth and swallow. Take 1 vial daily with a meal, preferably in the morning, or as directed by your healthcare practitioner.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

Store in a cool, dry place. This carton is made from 100% Recyclable Material.