

Flashes No More™

Flashes No More™ contains four unique ingredients which play various roles in easing the typical discomforts that can accompany menopause.*

Suggested Use

As a dietary supplement, adult females take 1 capsule two times daily, or as directed by a healthcare professional.

Warning: Not for use by pregnant or lactating women.

Store in cool, dry place, tightly capped.

EstroG-100® is a registered trademark of Naturalendo Tech Co., Ltd.

Gravinol® grape seed extract with concentrated oligomeric proanthocyanidins is a product of Kikkoman Biochemifa Company (Tokyo, Japan).

LIFENOL® is a trademark of Naturex SA.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated exclusively
for NutriCology®
South Salt Lake, UT 84115
www.nutricology.com
Phone: 800.545.9960



Flashes No More™

EstroG-100®, Lifenol®,
Gravinol®, Succinate

Hypoallergenic

Dietary Supplement

60 vegetarian capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value*
Magnesium (as Magnesium Succinate)	20 mg 5%
EstroG-100® (as Phlomis umbrosa Extract, Cynanchum wilfordii Extract, Angelica gigas Nakai Extract)	257 mg †
Succinic Acid (as Magnesium Succinate)	110 mg †
Grape Seed Extract (83% Oligomeric Proanthocyanidins) (Gravinol®)	50 mg †
Female Hops Cone Extract (Lifenol®)	42.5 mg †

† Daily Value not established

*Percent Daily value based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine, silicon dioxide.

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