

21ST
CENTURY.

Sentry SENIOR

Multivitamin & Multimineral
Supplement

Compare VS.
Centrum® SILVER®
Adults†

125 Tablets

Adults
50+

gluten
free

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A (Acetate, 40% as Beta-Carotene)	750 mcg 83%
Vitamin C (as Ascorbic Acid)	60 mg 67%
Vitamin D ₃ (as Cholecalciferol)	25 mcg 125% (1,000 IU)
Vitamin E (as d-Alpha Tocopheryl Acetate)	22.5 mg 150%
Vitamin K (as Phytionadione)	30 mcg 25%
Thiamin (as Thiamin Mononitrate, B-1)	1.5 mg 125%
Riboflavin (Vitamin B-2)	1.7 mg 131%
Niacin (as Niacinamide)	20 mg 125%
Vitamin B-6 (as Pyridoxine HCl)	3 mg 176%
Folate	667 mcg DFE 167% (400 mcg Folic Acid)
Vitamin B-12 (as Cyanocobalamin)	25 mcg 1,042%
Biotin	30 mcg 100%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 200%

Other Ingredients: Starch, Cellulose, Stearic Acid. Contains <2% of: Artificial Colors (FD&C Blue #2 Carmine, FD&C Red #40, FD&C Yellow #3), BHT, Citric Acid, Croscarmellose Sodium, Gelatin, Magnesium Silicate, Magnesium Stearate, Maltodextrin, Mono/Diglycerides, PEG/PVA Copolymer, Polyvinyl Alcohol, Silicon Dioxide, Titanium Dioxide.

Amount Per Serving	% Daily Value
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	220 mg 17%
Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 12%
Zinc (as Zinc Oxide)	11 mg 100%
Selenium (as Sodium Selenate)	19 mcg 35%
Copper (as Copper Sulfate)	0.5 mg 50%
Manganese (as Manganese Sulfate)	2.3 mg 100%
Chromium (as Chromium Picolinate)	50 mcg 143%
Molybdenum (as Sodium Molybdate)	45 mcg 100%
Chloride (as Potassium Chloride)	72 mg 3%
Potassium (as Potassium Chloride)	80 mg 2%
Lutein	250 mcg **
Lycopene	300 mcg **

** Daily Values not established.

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Important Information: Extended use of high levels of Vitamin A (excluding Beta-Carotene as the source) may increase the risk to adults of developing osteoporosis. Do not use this product if using other Vitamin A supplements.

No added Yeast or Artificial Flavors. **Gluten Free.**

†This product is not manufactured or distributed by Wyeth Holdings, LLC, owner of the registered trademark Centrum® Silver®.

ACTUAL SIZE

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
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