

No yeast, wheat, gluten,  
milk or milk derivatives,  
lactose, artificial flavor.

**CVS**<sup>®</sup>  
pharmacy

Compare to  
One A Day<sup>®</sup> Women's<sup>1</sup>

# DAILY MULTIPLE FOR WOMEN

USP

MULTIVITAMIN WITH IRON  
and 500 MG of CALCIUM  
PLUS ZINC & FOLIC ACID

200 Tablets

DIETARY  
SUPPLEMENT



PROD. NO.  
19097

B19097

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## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin A	2,500 IU	50%
(as Vitamin A Acetate and 20% as Beta-Carotene)		
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as D3 Cholecalciferol)	1,500 IU $\uparrow$	250%
Vitamin E	22.5 IU $\downarrow$	75%
(as dl-Alpha Tocopheryl Acetate)		
Vitamin K (as Phytonadione)	25 mcg	31%
Thiamin (Vitamin B-1)	1.5 mg	100%
(as Thiamin Mononitrate)		
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Nicotinamide)	19 mg	50%
Vitamin B-6	2 mg	100%
(as Pyridoxine Hydrochloride)		
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin (as d-Biotin)	30 mcg	10%
Pantothenic Acid	5 mg	50%
(as d-Calcium Pantothenate)		
Calcium (as Calcium Carbonate)	500 mg $\uparrow$	50%
Iron (as Ferrous Fumarate)	18 mg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	35 mcg	50%
Copper (as Cupric Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%

Other Ingredients: Cellulose (Plant Origin), Contains <2% of: Croscarmellose, Croscopolidone, Dextrin, Dextrose, Dicalcium Phosphate, FD&C Blue No. 2 Lake, FD&C Yellow No. 5 Lake, FD&C Yellow No. 6 Lake, Gelatin, Hydroxypropylcellulose, Polyethylene Glycol, Silica, Soy Lecithin, Starch, Titanium Dioxide (Color), Vegetable Magnesium Stearate.

Contains soy and fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

**This formula contains essential nutrients for women that support bone health, energy metabolism, immune system and heart health.\***

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Directions:** For adult women, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

(See 1 Day<sup>®</sup> Women's is a registered trademark of Bayer Healthcare LLC. This product is not manufactured, distributed or owned by Bayer Healthcare LLC.

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One CVS Drive  
Woonsocket, RI 02895  
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www.cvs.com 1-800-shop-CVS

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