

21ST
CENTURY®



Selenium

200 mcg



Antioxidant Support*

MINERAL SUPPLEMENT

60 CAPSULES



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
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Selenium	200 mcg	364%
(as High Selenium Yeast)		

Other Ingredients: Rice Bran, Brewers Yeast, Oat Fiber, Gelatin.
Contains <2% of: Magnesium Stearate.

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
500111-0120N



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Selenium 200 mcg

Selenium is an antioxidant nutrient and a mineral the body needs.* 500111-0120N



ACTUAL SIZE



Directions: As a mineral supplement, adults take one (1) capsule daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Preservatives, Artificial Flavors or Colors.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.