

equate®

Compare to
Centrum®
Silver®
Adults 50+*

Complete Multivitamin

ADULTS 50+

Multivitamin/Multimineral
Supplement

Promotes Immune Health,
Metabolism Support & Vitality**

• A Thru Z

220
TABLETS

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (40% as beta-carotene) 2500 IU	50%	Zinc 11 mg	73%
Vitamin C 60 mg	100%	Selenium 55 mcg	79%
Vitamin D ₃ 500 IU	125%	Copper 0.5 mg	25%
Vitamin E 50 IU	167%	Manganese 2.3 mg	115%
Vitamin K 30 mcg	38%	Chromium 45 mcg	38%
Thiamin 1.5 mg	100%	Molybdenum 45 mcg	60%
Riboflavin 1.7 mg	100%	Chloride 72 mg	2%
Niacin 20 mg	100%	Potassium 80 mg	2%
Vitamin B ₆ 3 mg	150%	Boron 150 mcg	-
Folate 400 mcg	100%	Nickel 5 mcg	-
Vitamin B ₁₂ 25 mcg	417%	Silicon 2 mg	-
Biotin 30 mcg	10%	Vanadium 10 mcg	-
Pantothenic Acid 10 mg	100%	Lutein 250 mcg	-
Calcium 220 mg	22%	Lycopene 300 mcg	-
Phosphorus 20 mg	2%		
Iodine 150 mcg	100%		
Magnesium 50 mg	13%		

*Daily Value not established.

Ingredients: Calcium Carbonate, Potassium Chloride, *d*-Alpha Tocopheryl Acetate, Dicalcium Phosphate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Sodium Starch Glycolate, Maltodextrin, Nicotinamide, Hydroxypropyl Methylcellulose, Zinc Oxide, Titanium Dioxide, *d*-Calcium Pantothenate, Magnesium Stearate, Polyethylene Glycol, Polydextrose, Polyvinyl Alcohol, Cholecalciferol, Manganese Sulfate, Retinyl Acetate, Folic Acid, Silicon Dioxide, Beta-Carotene, Biotin, Lycopene, Pyridoxine Hydrochloride, Cyanocobalamin, Lutein, Sodium Tetraborate, Talc, Thiamine Mononitrate, Riboflavin, Cupric Sulfate, Carboxymethylcellulose Sodium, Phytonadione, Potassium Iodide, Chromium Chloride, FD&C Blue No. 2 Lake, Sodium Selenite, Sodium Molybdate, DL-Tartaric Acid, Sodium Orthovanadate, FD&C Red No. 40 Lake, FD&C Yellow No. 6 Lake, Nickel Sulfate.

May contain cornstarch, *d*-alpha tocopherol, gelatin (porcine), glucose, glucose syrup, gum arabic, modified food starch, safflower seed oil, sodium ascorbate, starch, synthetic mannitol.

Suggested Use: Adults – One tablet daily with food as a dietary supplement.

Keep out of the reach of children. Store at 15°- 30°C (59°- 86°F).

Safety-sealed. Do not use if printed seal under cap is cut, torn or missing.

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

**NO CHEMICAL SOLVENTS • NO GLUTEN • NO PRESERVATIVES
NO WHEAT • NO LACTOSE • NO TRANS FAT**



Satisfaction guaranteed – Or we'll replace it or give you your money back. For questions or comments or to report an undesired reaction or side effect, please call 1-888-287-1915.

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Bentonville, AR 72716

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PURCHASE AND POTENCY GUARANTEED THROUGH:

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