

21<sup>ST</sup>  
CENTURY<sup>®</sup>

PRENATAL

WITH FOLIC ACID

Before, During &  
After Pregnancy

Compare VS.  
Stuart PreNatal<sup>®†</sup>

DIETARY SUPPLEMENT

60 TABLETS

gluten  
free



## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin A (100% as Beta-Carotene)	1,200 mcg	92%
Vitamin C (as Ascorbic Acid)	120 mg	100%
Vitamin D <sub>3</sub> (as Cholecalciferol)	10 mcg (400 IU)	67%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg	71%
Thiamin (as Thiamin Mononitrate)	1.8 mg	129%
Riboflavin (Vitamin B-2)	1.7 mg	106%
Niacin (as Niacinamide)	20 mg	111%
Vitamin B-6 (as Pyridoxine HCl)	2.6 mg	130%
Folate	1,334 mcg DFE (800 mcg Folic Acid)	222%
Vitamin B-12 (as Cyanocobalamin)	8 mcg	286%
Calcium (as Calcium Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	28 mg	104%
Zinc (as Zinc Oxide)	25 mg	192%

<sup>†</sup>This product is not manufactured or distributed by Casla Consumer Holdings, LP, owner of the registered trademark Stuart Prenatal<sup>®</sup>.

Other Ingredients: Cellulose, Starch, Stearic Acid, Maltodextrin, Gelatin. Contains <2% of: Artificial Colors (FD&C Blue #2 Carmine, FD&C Red #40, FD&C Yellow #6), Croscarmellose Sodium, Magnesium Silicate, Magnesium Stearate, PEG, Polyvinyl Alcohol, Silicon Dioxide, Titanium Dioxide.

**Directions:** As a dietary supplement, adults take one (1) tablet daily with any meal, or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Yeast.

ACTUAL SIZE



Proudly Manufactured by  
**21<sup>ST</sup> Century HealthCare, Inc.**  
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21stcenturyvitamins.com  
500105-0420N

**WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.**



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