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21ST
CENTURY®ONE
DAILYMULTIVITAMIN
MULTIMINERAL
SUPPLEMENT

Women's

Compare VS.
ONE A DAY® WOMEN'S†100
TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate and 10% as Beta-Carotene)	700 mcg 78%	Biotin (as d-Biotin)	1,000 mcg 3,333%
Vitamin C (as Ascorbic Acid)	75 mg 83%	Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU) 125%	Calcium (as Calcium Carbonate)	380 mg 29%
Vitamin E (as d-Alpha Tocopheryl Acetate)	7.5 mg 50%	Iron (as Ferrous Fumarate)	18 mg 100%
Vitamin K (as Phytonadione)	25 mcg 21%	Iodine (as Potassium Iodide)	150 mcg 100%
Thiamin (as Thiamin Mononitrate, B-1)	1.2 mg 100%	Zinc (as Zinc Oxide)	8 mg 73%
Riboflavin (Vitamin B-2)	1.3 mg 100%	Selenium (as Sodium Selenate)	27.5 mcg 50%
Niacin (as Niacinamide)	16 mg 100%	Copper (as Copper Sulfate)	0.9 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	1.7 mg 100%	Manganese (as Manganese Sulfate)	1.8 mg 78%
Folate	667 mcg DFE 167% (400 mcg Folic Acid)	Chromium (as Chromium Chloride)	25 mcg 71%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 250%		

Other Ingredients: Maltodextrin, Cellulose, Starch. Contains <2% of: Artificial Colors (FD&C Blue #2 Carmine, FD&C Yellow #5, FD&C Yellow #6), Croscarmellose Sodium, Dicalcium Phosphate, Magnesium Silicate, Magnesium Stearate, Mono/Diglycerides, PEG/PVA Copolymer, Polyvinyl Alcohol, Silicon Dioxide, Stearic Acid, Titanium Dioxide.

This product is not manufactured or distributed by Bayer Health Care, LLC, owner of the registered trademark One A Day®.

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast or Artificial Flavors.
Gluten Free.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Proudly Manufactured by
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ACTUAL SIZE