

Detox & Nourish*

Broad-spectrum nutritional and antioxidant support from vitamins, minerals, and bioactive food components.* Updated with bioactive coenzyme forms of vitamins B2, B6, B12, and folate, increased D3, iodine, milk thistle, glutathione, selenium, NAC, green tea, and R-lipoic acid. With pea protein and natural vanilla flavoring, for improved dissolvability and taste! Contains less than 1% caffeine. Previously called DietEz.

Suggested Use

As a dietary supplement, 2 scoops one or two times daily with food or shortly before meals, or as directed by a healthcare professional. Mix in 8 oz. of liquid.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Product is sold by weight not by volume. Some settling may occur. Not labeled for sale in California.



EVTeneSol® is a registered trademark of ExcelVite Inc.



Quatrefolic* Quatrefolic® is a registered trademark of Ensis SpA, U.S. Patent No. 7,947,662.

Formulated exclusively
for NutriCology®
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Detox & Nourish*

Fasting Support*

Dietary Supplement

900 grams (31.7 oz.)

Supplement Facts

Serving Size 2 Scoops (40 g)
Servings Per Container 22

Amount Per Serving	Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories 150	Riboflavin (as Riboflavin-5-Phosphate) 5 mg	384%	Copper (as Copper Gluconate) 1 mg	111%
Calories from Fat 15	Niacin (as Niacinamide) 5 mgNE	31%	Manganese (as Manganese Gluconate) 1.3 mg	56%
	Vitamin B6 (as Pyridoxine-5-Phosphate) 5 mg	294%	Chromium (as Chromium Picolinate) 80 µg	228%
Total Fat 2 g	Folate (as 100 µg of 5-Methyltetrahydrofolate (from 185 µg [6S]-5-methyltetrahydrofolate acid, glucosamine salt)) 167 µgDFE	42%	Molybdenum (as Sodium Molybdate) 75 µg	166%
Saturated Fat 0.5 g	Vitamin B12 (as Methylcobalamin) 200 µg	8333%	Potassium (as Potassium Iodide and Potassium Phosphate) 120 mg	2%
Sodium 20 mg	Biotin 150 µg	500%		
Total Carbohydrates 21 g	Pantothenic Acid (Calcium Pantothenate) 25 mg	500%	Boron (as Sodium Borate) 250 µg	†
Dietary Fiber 4 g	Calcium (as Calcium Citrate, Calcium Phosphate, and Calcium Pantothenate) 200 mg	15%	N-Acetyl-L-Cysteine 250 mg	†
Sugars 11 g	Phosphorus (as Calcium Phosphate and Potassium Phosphate) 120 mg	9%	L-Glutathione (Reduced) 100 mg	†
Protein 17 g	Iodine (as Potassium Iodide) 50 µg	33%	Glycine 500 mg	†
	Magnesium (as Magnesium Citrate and Magnesium Ascorbate) 200 mg	47%	Taurine 200 mg	†
Vitamin A (as 3920 IU of Beta-Carotene, 1,540 IU of Retinyl Palmitate and 1,540 IU of Mixed Carotenoids ([EVTeneSol® 3%]) 3285 µgRAE	Zinc (as Zinc Picolinate) 10 mg	90%	L-Glutamine 500 mg	†
	Selenium (as Selenomethionine) 100 µg	181%	R-Alpha Lipoic Acid 100 mg	†
Vitamin C (as Magnesium Ascorbate) 300 mg			MSM (Methylsulfonylmethane) 100 mg	†
			Milk Thistle (Seed) Extract (standardized to 80% Silymarin) 100 mg	†
Vitamin D3 (as 400 IU of Cholecalciferol) 10 µg			Green Tea (Leaf) Extract (standardized to 40% Catechins) 100 mg	†
Mixed Tocopherols 100 IU				
Thiamine (as Thiamine Hydrochloride) 5 mg				

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Pea protein concentrate, rice bran, microcrystalline cellulose, vanilla flavor, lemon flavor, rice bran oil, guar gum, stevia.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.