

NATURAL DHA DAILY SUPPLEMENT

brainstrong™

NEW!

powered by **life'sDHA™**

PRENATAL

Supports brain & eye development for your baby*

Supports a healthy pregnancy*

Contains 100% of recommended daily dose of folic acid

For use before and during pregnancy and while breast feeding

30 550mg DHA Softgels
30 multivitamin Tablets

*These statements have not been evaluated by the Food and Drug Administration. This product is a dietary supplement. Please do not use to treat any disease.

brainstrong™

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Complete prenatal multivitamin plus the highest level of folic acid and DHA available without a prescription!

- DHA helps support healthy fetal brain and eye development during pregnancy and throughout breast feeding.*
- All natural plant source Omega 3 DHA contains no ocean-borne contaminants.
- Folic acid reduces the risk of brain and spinal cord birth defects.*
- Contains vitamins and minerals to support mom's health throughout pregnancy and breast feeding.*

life'sDHA™ is from an all-natural, vegetarian source of DHA, not fish. You get the benefits of DHA without the worry of ocean-borne pollutants and toxins potentially found in certain fish. From start to finish, **life'sDHA™** is produced in an FDA-inspected facility with controls in place to ensure the highest quality product.

life'sDHA™ is a trademark of Martek Biosciences Corporation.

Tamper evident: Tablets are sealed in blisters. Do not use if blister foil or seal is open or damaged.

Store at room temperature. Do not expose to excessive heat, humidity or direct sunlight.

For questions, concerns, or to report an adverse event, please call (800) 722-3476.
www.brainstrongdha.com

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brainstrong™ Prenatal Multivitamin Tablet

Serving Size: One (1) Tablet		Servings Per Container: 30	
	Amount Per Serving		% DV
Vitamin A (80% as beta-carotene)	6000 IU		75%
Vitamin C (as Ascorbic Acid)	60 mg		100%
Vitamin D3 (as Cholecalciferol)	600 IU		200%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU		100%
Thiamin	1.7 mg		100%
Riboflavin	2.0 mg		100%
Niacin	20 mg		100%
Vitamin B6 (Pyridoxine HCl)	2.5 mg		100%
Folate (as Folic Acid)	800 mcg		100%
Vitamin B12	12 mcg		150%
Biotin	350 mcg		113%
Pantothenic Acid (as d-calcium pantothenate)	12 mg		100%
Calcium (as calcium carbonate and di calcium phosphate)	300 mg		83%
Iron (as carbonyl iron)	33 mg		183%
Phosphorus (as dicalcium phosphate)	115 mg		9%
Iodine (as potassium iodide)	150 mcg		100%
Magnesium (as magnesium oxide)	60 mg		13%
Zinc (as zinc oxide)	20 mg		100%
Copper (as copper sulfate)	2.0 mg		100%
Chromium (as chromium diclorate glycinate)	30 mcg		25%

Other Ingredients: Beet powder, crosscarmellose sodium, stearic acid, hydroxypropylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide, croscarmellose, hydroxypropyl methylcellulose, medium chain triglycerides, inulin.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

brainstrong™ DHA Softgel

Serving Size: One (1) Softgel		Servings Per Container: 30	
	Amount Per Serving		% DV
Calories	10		
Calories from fat	5		
Total fat	1 g		2%*
DHA (docosahexaenoic acid from algal oil)	350 mg		†

*Percent Daily Value based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water, citric acid, caramel, titanium dioxide.

Directions: Take one multivitamin and one DHA softgel per day.

Keep out of reach of children.

As with any nutritional supplement, please inform your healthcare professional before use.
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