

BrainAid

Contains nutrients that support various aspects of normal brain function.*

Suggested Use

As a dietary supplement, 1 tablet one or two times daily with meals, or as directed by a healthcare practitioner.

WARNING: Discontinue use if you experience muscle tension, cramps or headache.

Variations in product color may occur.
Keep in a cool, dry place, tightly capped.

Contains: Soy.



Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to lead which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food



BrainAid

Neurotransmitter Support Formula*

Dietary Supplement

60 tablets



Formulated exclusively for NutriCology®
South Salt Lake, UT 84115
www.nutricology.com

Phone: 800.545.9960 Rev. 014.1

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Vitamin A (as 1000 IU of Beta-Carotene)	50.2 mcgRAE 6%	Molybdenum (as Sodium Molybdate)	25 mcg 56%
Vitamin C (as Ascorbic Acid)	5 mg 6%	Boron (as Boric Acid)	250 mcg †
Vitamin E (as 5 IU of d-Alpha Tocopheryl Succinate)	3.4 mgNE 23%	Ginkgo (Leaves) Extract	15 mg †
Thiamine (as Thiamine Hydrochloride)	7.5 mg 625%	Bacopa (Aerial Part) Extract	50 mg †
Riboflavin (67% as Riboflavin and 33% as Riboflavin-5-Phosphate)	7.5 mg 577%	Eleuthero (Root) Extract	20 mg †
Niacin (86% as Niacinamide)	17.5 mgNE 109%	Asian Ginseng (Root) Extract	20 mg †
Vitamin B6 (75% as Pyridoxine Hydrochloride and 25% as Pyridoxal-5-Phosphate)	10 mg 588%	Gotu Kola (Aerial Part) Extract (10% Triterpenoids)	50 mg †
Folate (as 50 mcg of 5-Methyltetrahydrofolate (from 93 ug [6S]-5-methyltetrahydrofolate, glucosamine salt))	83 mcgDFE 21%	L-Glutamine	125 mg †
Vitamin B12 (as Hydroxycobalamin)	25 mcg 1042%	L-Tyrosine	100 mg †
Biotin	50 mcg 167%	N-Acetyl-L-Carnitine	25 mg †
Pantothenic Acid (as Calcium Pantothenate)	20 mg 400%	Choline (as Choline Bitartrate)	18.74 mg †
Zinc (as Zinc Citrate)	5 mg 45%	Inositol	25 mg †
Selenium (90% as Sodium Selenite and 10% as Selenomethionine)	25 mcg 45%	Phosphatidylcholine (soy)	125 mg †
Copper (as Copper Bisglycinate)	0.5 mg 56%	Quercetin Dihydrate	25 mg †
Chromium (as Chromium Picolinate)	25 mcg 71%	Cayenne Pepper (Fruit) Powder	50 mg †
		Essential Phospholipids (Phosphatidylserine 60%) (sunflower)	50 mg †

† Daily Value not established

*Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, gum acacia.