**Pro-Night™** is a combination of slow, medium and fast digesting proteins. Research shows that a blend of high quality proteins elevates muscle protein synthesis for a longer period of time and can have significant positive effects upon your overall performance gains.\*

Glutamine is an amino acid found primarily in skeletal muscle. Glutamine has many functions including increased protein synthesis and is also essential for a strong and healthy immune system.

Healing, tissue repair and muscle growth are maximized during deep and restful sleep. PRO-NIGHT provides the nutrients needed to accelerate your recovery and rejuvenate your body for the next intense training session.\*

## **EXPERT TIPS:**

- > ZMA is to be taken 30 minutes before PRO-NIGHT.
- > Add 1 scoop of PRO-NIGHT with 1 scoop of PROGLYCOSYN to 8 ounces of liquid and mix well. Use this as an ANYTIME quality protein source.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: Do not use if pregnant, nursing, or under the age of 18. Consult your doctor before using this or any dietary supplement. Immediately discontinue use and contact your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN. To report any serious adverse events, please call 800-697-2086 or email info@snac.com.

Pro-Night™ is a trademark of SNAC System, Inc.







## DIETARY SUPPLEMENT

Net Wt. 710g (1.56Lb)



## **Supplement Facts**

Serving Size: 2 Scoops (35.5g/1.25oz)

Servings Per Container: 20

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 120		Calcium 330mg	25%**
Total Fat 0.5g	1%**	Phosphorus 220mg	18%**
Saturated Fat 0.5g	3%**	Magnesium 25mg	6%**
Cholesterol 20mg	7%**	Zinc 1mg	9%**
Total Carbohydrate 2g	1%**	Sodium 135mg	6%**
Total Sugars 1g		Potassium 150mg	3%**
Protein 26g		L Clude mains 0.000 mag	
Folate 10mcg DFE	2%**	L-Glutamine 3,000mg	Т
Biotin 0.5mcg	2%**	**Percent Daily Values are based on a † Daily Value not established.	a 2,000 calorie diet

Other Ingredients: Casein, Egg Albumin, Whey Protein Concentrate, Natural & Artificial Flavor, Sucralose Contains: Milk and Sov.

Manufactured in a facility and equipment that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Soybeans, Crustacean Shellfish and Fish.

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Add two scoops of powder to 8 ounces of liquid and mix well. Use 30 minutes before bedtime

