

Pro-Night™ is a combination of slow, medium and fast digesting proteins. Research shows that a blend of high quality proteins elevates muscle protein synthesis for a longer period of time and can have significant positive effects upon your overall performance gains.*

Glutamine is an amino acid found primarily in skeletal muscle. Glutamine has many functions including increased protein synthesis and is also essential for a strong and healthy immune system.

Healing, tissue repair and muscle growth are maximized during deep and restful sleep. PRO-NIGHT provides the nutrients needed to accelerate your recovery and rejuvenate your body for the next intense training session.*

EXPERT TIPS:

- > ZMA is to be taken 30 minutes before PRO-NIGHT.
- > Add 1 scoop of PRO-NIGHT with 1 scoop of PROGLYCOSYN to 8 ounces of liquid and mix well. Use this as an ANYTIME quality protein source.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: Do not use if pregnant, nursing, or under the age of 18. Consult your doctor before using this or any dietary supplement. Immediately discontinue use and contact your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN. To report any serious adverse events, please call 800-697-2086 or email info@snac.com.

Pro-Night™ is a trademark of SNAC System, Inc.

SNAC

NUTRITION

PRO-NIGHT

Quality Protein Blend*

DIETARY SUPPLEMENT

Net. Wt. 678g (1.5Lb)

CHOCOLATE

Natural & Artificial Flavor



Supplement Facts

Serving Size: 2 Scoops (34g/1.2oz)
Servings Per Container: 20

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 110		Magnesium 29mg	7%**
Total Fat 0.5g	1%**	Zinc 1mg	9%**
Saturated Fat 0.5g	3%**	Chloride 50mg	2%**
Cholesterol 20mg	7%**	Sodium 125mg	5%**
Total Carbohydrate 2g	1%**	Potassium 160mg	3%**
Total Sugars 1g		L-Glutamine 3,000mg	†
Protein 24g			
Calcium 330mg	25%**		
Phosphorus 225mg	18%**		

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Casein, Whey Protein Concentrate, Egg Albumin, Natural Flavor, Cocoa Powder, Sea Salt, Sucralose

Contains: Milk and Soy. *Manufactured in a facility and equipment that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Soybeans, Crustacean Shellfish and Fish.*

DISTRIBUTED BY SNAC SYSTEM, INC.
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Recommended Use:
Add two scoops of powder to 8 ounces of liquid and mix well. Use 30 minutes before bedtime.

