

21ST
CENTURY.



PHARMACEUTICAL GRADE

MgO-400



COMPARE VS. Mag-Ox 400[†]

MINERAL SUPPLEMENT

90 TABLETS



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

Amount Per Serving		% Daily Value
Calcium (as Calcium Carbonate)	130 mg	10%
Elemental Magnesium (as Magnesium Oxide)	483 mg	115%

Other Ingredients: Cellulose, Croscarmellose Sodium, Stearic Acid, Kelp. **Contains <2% of:** Magnesium Silicate, Magnesium Stearate, Maltodextrin, Silicon Dioxide.

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
500478-0420N



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Magnesium is an essential mineral and supports bone and muscle health.*

[†]This product is not manufactured or distributed by Blaine Pharmaceuticals, owner of the registered trademark Mag-Ox 400[®]. 500478-0420N

ACTUAL
SIZE



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Directions: As a mineral supplement, adults take two (2) tablets daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors. Contains 400 mg of magnesium oxide per tablet.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**