

21<sup>ST</sup>  
CENTURY®



# Melatonin

## 3 mg



Sleep Support\*

DIETARY SUPPLEMENT

200 TABLETS



**Directions:** As a dietary supplement, adults take one (1) tablet 30 minutes before bedtime or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**CAUTION:** Do not take if you are operating machinery or a vehicle. Not intended for use by pregnant or nursing women or those under the age of 18.

**Warning:** Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

### Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving     |       | % Daily Value |
|------------------------|-------|---------------|
| Calcium                | 94 mg | 7%            |
| (as Calcium Carbonate) |       |               |
| Melatonin              | 3 mg  | **            |

\*\* Daily Value not established.

**Other Ingredients:** Cellulose, Croscarmellose Sodium, Maltodextrin, Stearic Acid. **Contains <2% of:** Magnesium Stearate, Silicon Dioxide.

**Proudly Manufactured by**  
**21<sup>ST</sup> Century HealthCare, Inc.**

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21stcenturyvitamins.com  
500085-0819N

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Melatonin works in harmony with your natural sleep cycle and promotes relaxation and sleep.\* 500085-0819N



ACTUAL  
SIZE

