

21ST
CENTURY®



QUICK DISSOLVE

Melatonin

10 mg



Sleep Support*

DIETARY SUPPLEMENT

120 CHERRY FLAVOR TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Melatonin	10 mg **

** Daily Value not established.

Other Ingredients: Sucrose, Mannitol, Polyplasdone, Croscopovidone, Hydroxypropyl Methylcellulose. **Contains <2% of:** Copovidone, Magnesium Stearate, Natural Flavor, Silicon Dioxide, Sorbitol, Stearic Acid, Sucralose.

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
501103-0519N



21ST
CENTURY.



Melatonin 10 mg

Melatonin works in harmony with your natural sleep cycle and promotes relaxation and sleep.* 501103-0519N



ACTUAL
SIZE



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Directions: As a dietary supplement, adults take one (1) tablet 30 minutes before bedtime or as directed by your healthcare provider. Place under the tongue for 15 to 30 seconds before swallowing. Do not exceed recommended dosage. Individual results may vary.

CAUTION: Do not take if you are operating machinery or a vehicle. Not intended for use by pregnant or nursing women or those under the age of 18.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Preservatives, Artificial Flavors or Colors.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.